

# Rita Singh Parikshak

Ophthalmologist Specializing In  
Retinal Disease

Phone (317) 697-5369

Email ritasinghparikshak@outlook.com

Address Carmel, Indiana 46033

## CAREER OBJECTIVE

Dedicated retinal specialist with proven performance in patient care, leadership, communication, and education. Prioritizes patient care, patient experience, and positive work environment.

## EXPERIENCE

### OPHTHALMOLOGIST SPECIALIZING IN RETINAL DISEASE — American Health Network, part of Optum

Muncie, Marion, and Kokomo, Indiana, *January 2010 - Present*

- Medical Director/Lead Physician and Retinal Specialist in multi-specialty ophthalmology group
- Net promoter score (NPS) from patient surveys consistently in the 95th+ percentile
- High volume retina clinic
- 2,000+ intravitreal injections/year
- 100+ laser procedures/year including laser retinopathy and panretinal laser photocoagulation
- Director of Ophthalmology Education, Indiana University School of Medicine, Muncie
- Involved in the education of medical students, optometry students, peers, and staff
- Excellence in Teaching Award, Indiana University School of Medicine, Department of Surgery, 2019
- Developed and implemented plans and procedures for ophthalmologic services

### OPHTHALMOLOGIST SPECIALIZING IN RETINAL DISEASE — Eye Center Group

Marion and Kokomo, Indiana, *August 2005 - December 2009*

- Retinal specialist in multi-specialty ophthalmology group
- High volume retina clinic
- Performed intravitreal injections, laser procedures, and surgical retina cases
- Focused on staff and patient education

### OPHTHALMOLOGIST SPECIALIZING IN RETINAL DISEASE — Simpson Eye Associates

West Dundee and Crystal Lake, Illinois, *August 2003 - July 2005*

- Retinal Specialist in multi-specialty ophthalmology group
- Performed lasers and retinal surgery in addition to clinic

### MEDICAL AND SURGICAL RETINA FELLOW — Medical and Surgical Retina Fellowship, Kellogg Eye Center, University of Michigan

Ann Arbor, Michigan, *July 2001 - July 2003*

- Responsibilities included retina clinic, uveitis clinic, surgical cases, lasers, grand rounds, teaching residents and junior fellows, staff VA hospital retina clinic and cases

## EDUCATION

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### — Ophthalmology Resident, Kellogg Eye Center, University of Michigan, 1998-2001

Ann Arbor, Michigan, *Jun 2001*

#### *Awards & Honors*

- "You're Super" Awards (multiple)

### — Transitional Year Intern, Oakwood Hospital, 1997-1998

Dearborn, Michigan, *Jun 1998*

#### *Awards & Honors*

- Chief Resident

## DOCTOR OF MEDICINE (M.D.)

### — Indiana University School of Medicine, 1993-1997

Indianapolis, Indiana, *Jun 1993*

## BACHELOR OF SCIENCE (B.S.) IN BIOLOGY

### — Duke University, 1989-1993

Durham, North Carolina, *May 1993*

#### *Relevant Coursework*

- Biology major, History major, Certificate in Human Development

#### *Awards & Honors*

- Graduated magna cum laude

## HIGH SCHOOL DIPLOMA

### — Marion High School

Marion, Indiana, *Jun 1989*

#### *Awards & Honors*

- Valedictorian

## SKILLS

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- Diagnosis and Management of Retinal Disease
- Panretinal laser photocoagulation and laser retinopexy
- Adept at electronic medical records
- Teamwork
- Strong Interpersonal Communication
- Intravitreal Injections
- Physician leadership, problem solving, and conflict resolution
- Well respected educator of staff, peers, medical students, and optometry students
- Ophthalmologic Disease Treatments

## CERTIFICATIONS

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- American Board of Ophthalmology
- Member, American Academy of Ophthalmology

## PERSONAL

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Married, three children, Indiana native, enjoys running and watching college basketball

## PUBLICATIONS

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- Sequestration and late activation of lenticular Candida abscess in premature infants. Singh-Parikshak, R, Bothun ED, Superstein, R, Del Monte M, Archer S, Johnson MW. Arch of Ophtalmol. 2004 Sep;122 (9):1393-5.
- Clostridium sordelli endophthalmitis after suture removal from a corneal transplant. Zink, JM, Singh-Parikshak, R, Sugar A, Johnson MW. Cornea. 2004 Jul;23(5):522-3.
- Hypopyon uveitis associated with systemic lupus erythematosus and antiphospholipid antibody syndrome. Zink JM, Singh-Parikshak R, Johnson CS, Zacks DN. Graefes Arch Clin Exp Ophthalmol. 2005 Apr;243(4):386-8.